John 10.30 "I and the Father are one."

The context focuses on how Jesus is the good shepherd (in contrast to the bad shepherds of Ezekiel 34). Jesus had just said that, as the shepherd, he keeps the sheep so that no wolf or thief could snatch them (John 10.27-28). The next verse says that the Father (who is greater than all) keeps the sheep so that no one can snatch them out of His hand (John 10.29). Thus, the Son and the Father are one in that they are both working to keep the sheep (John 10.30). This has nothing to do with substance or equality. Furthermore, it is clear that the Father is greater than all because he gave the flock to the Son. In addition, we are to have the same sort of oneness that the Father shares with the Son (John 17.20-22). The oneness that the Father and Son share is to be shared by the disciples as well.